

VFW Post 3830



"A SALUTE TO OUR VETERANS"

To Those in Uniform, Past, Present and Future, WE SALUTE YOU!

Join us to honor your special veteran

Hilo Bay 5k (3.1 miles) Run/Walk

July 4 7:00 a.m.

Registration Form

Registration Fee: \$25.00 Register by May 22 for special prize drawing

Race starts and ends at the Lili'uokalani Gardens, next to Coconut Island.

Registration/Packet Pick Up - Lili'uokalani Gardens

July 3rd 10:00am - 6:00pm July 4th 6:00 - 6:45 am

July 2, 9:00 am - 11:00 AM - VFW Post 3830 Breakfast, Paho

Do not mail after June 20. Please hand carry late registrations (**or register online**) and deliver to the post or one of the Registration Team Members. Each adult participant must fill in and sign their own registration form. Make Checks or Money Orders payable to: **VFW AUX Post 3830**. They may include payment for more than one person. Do not send cash.

Please mail forms & payment to:

VFW Post 3830 5K Run
c/o Pat Sauer
15-1184 Auina Rd
Pahoa, HI 96778

For other information, please visit our website at:

<http://www.ASaluteToOurVeterans.org>

Or contact:

Mike or Pat Sauer, Veterans Run Event Coordinators

(808) 965-0565 webmaster@asalutetoorveterans.com

To download forms visit website: **www.aSaluteToOurVeterans.org**

* No speed wheelchairs. Wheelchair participants must have a partner.

A special thank you to our sponsors!

Last Name, First Name, Middle Initial

Mailing Address including city, state and zip code

Special Veteran I am Participating to Honor

() _____ Male Female
Phone (including area code) Age (On Race Day)

Group Name (if applicable)

3.1 Mile Run Walk Only Shirt Size S M L XL 2XL* 3XL* 4XL* Style T-Shirt Men's
 Tank Women's
 No Shirt
Support/Donate For Support/Donate, you will not be assigned a number.

* For 2XL, 3XL and 4XL shirts, please add \$2.00 to your total.

Registration done on-line or received by mail after May 22, 2015 does not guarantee participant T-shirt size and style requested. Register by May 22 to avoid possible late entry additional charge

Waiver and Release Statement: I know that running or walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Big Island Road Runners, VFW Post 3830, Pahoa, Hawaii, the County of Hawaii, the State of Hawaii, and all volunteers, independent contractors, and sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I consent to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event. I agree to leave the race course within a time limit of two hours. I hereby grant permission to the VFW Post 3830, Pahoa, Hawaii and its sponsors to use all information submitted in my application and any photograph, videotape, motion picture, recording and any other record

Signature (Parent or Guardian if entrant is under 18)

Date

Email Address