

## VFW Post 3830



# "A SALUTE TO OUR VETERANS"

**To Those in Uniform, Past, Present and Future, WE SALUTE YOU!**

**Join us to honor your special veteran**

Hilo Bay 5k (3.1 miles) Run/Walk  
July 4 7:00 a.m.

## Registration Form

Registration Fee: \$25.00 until June 10, \$30 after June 10

Race starts and ends at the Lili'uokalani Gardens, next to Coconut Island.

Registration/Package Pick Up - Lili'uokalani Gardens  
July 3rd 11:00am - 6:00pm      July 4th 6:00 - 6:45 am

**Do not mail after June 20.** Please hand carry late registrations (**or register online**) and deliver to the post or one of the Registration Team Members. Each adult participant must fill in and sign their own registration form. Make Checks or Money Orders payable to: **VFW AUX Post 3830**. They may include payment for more than one person. Do not send cash.

Please mail forms & payment to:

VFW Post 3830 5K Run  
c/o Pat Sauer  
15-1184 Auina Rd  
Pahoa, HI 96778

For other information, please visit our website at:

<http://www.ASaluteToOurVeterans.org>

Or contact:

Mike or Pat Sauer, Veterans Run Event Coordinators

(808) 936-7611 [webmaster@asalutetourveterans.com](mailto:webmaster@asalutetourveterans.com)

To download forms visit website: **[www.aSaluteToOurVeterans.org](http://www.aSaluteToOurVeterans.org)**

\* No speed wheelchairs. Wheelchair participants must have a partner.

**A special thank you to our sponsors!**

